



SADDLEBACK
MEDICAL GROUP

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SKIN REJUVENATION THERAPY

There are innumerable blemishes and defects of the facial skin that are unwanted. Some of these are created by sun damage and simple aging. Others are created by smoking and stress. These factors can be controlled with sunscreens and stress management, while others are genetically pre-determined and are unavoidable.

New advances in dermatology have allowed physicians to correct some of these skin defects. Treatment options include but are not limited to the following:

- Laser Treatments – for brown spots and broken blood vessels
- Chemical Peels – for acne and wrinkles
- Retin A – for fine wrinkles and skin discoloration
- Collagen and Filler Substances – for deeper lines and indented scars from acne, surgery, or chicken pox.

In addition, unsightly skin tags and moles can be removed with minimal or no scarring. The new chemical peels (Glycolic acid and TCA) are very effective at reversing many of the side effects of aging without the side effects of the old peels of the 1970's (Phenol).

Not all blemishes are completely correctable; some are not treatable at all. Some will respond immediately to therapy, while others may require several sessions or a change in technique. Communicating your desired results to your physician is important. We are happy to discuss realistic improvements for your skin that are achievable, and we will give you an exact idea of the cost of your therapy. We strive to keep our fees affordable so even those with a modest budget can afford many of the treatment options. If you require eyelid or "face-lift" surgery, our office can refer you to competent plastic surgeons in the local area.

Please feel free to contact our office at 949-465-8154 and speak with our staff about any of the treatment options mentioned above. In addition, we are happy to provide you with some free brochures for more information about the skin rejuvenation program that may be best for you.